

Actions for Sound Instruction

Letter	Sound	Action
a	aaa	Make action of eating an apple.
b	b	Rock the baby.
c	k	Pretend to cut with scissors.
d	d	Make the motion of digging.
e	eee	Move your hand across and then straight down for “edge”.
f	fff	Touch fingers together.
g	g	Ready, set, GO.
h	h	Hold hands.
i	iii	Scratch your “itch”.
j	j	Jump.
k	k	Make the motion of a kiss.
l	lll	Lick a lollipop.
m	mmm	Rub your tummy-mmmmmmm.
n	nnn	Touch your nose.
o	ooo	Dangle fingers like the legs of an octopus.
p	p	Pretend to pop a balloon.
q	koo	Make a queen crown with hands over the head.
r	rrr	Hold hands over your head like rabbit ears.
s	sss	Make snake actions.
t	t	Tickle.
u	uuu	Make hands go over head like an umbrella.
v	vvv	Lip tickler.
w	woo	Wiggle.
x	kss	Open a liter of pop.
y	yee	Pretend you are playing with a yo-yo.
z	zzz	Pretend you are zipping a zipper up and down.

Continuous sounds are held for three seconds. Quick sounds are said quickly and quietly.